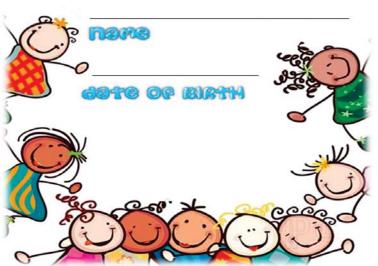






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We don't usually think of a newborn as having teeth. However, at the crowns of the 20 "baby" or primary teeth are almost completely formed, and they are hidden from view in an infant's jawbones. The primary teeth gradually erupt through the gums during the first 21/2 years of life. The four front teeth - two upper and two lower - usually erupt first, beginning as early as six months after birth. Most children have a full set of primary teeth by the time they are 3 years old. The child's jaws continue to grow, making room for the permanent (adult) teeth that will begin to erupt at about age 6 years. Primary teeth begin to shed between ages 6 and 7 years. This process continues until about age 12 years.

The chart and photograph identify the names of the primary teeth and provide the approximate ages at which you can expect the teeth to erupt and shed. Primary teeth may be temporary, but they deserve good care. A child needs strong, healthy primary teeth not only to chew food easily, but to pronounce words properly. This first set of teeth also holds a place in the jaw for the permanent teeth, which move into place as the primary teeth are shed.

Primary teeth should be kept clean and healthy so that a child can remain free of cavities, oral pain and infection. Wipe your child's gums with a wet washcloth or a clean gauze pad after each feeding. Begin brushing your child's teeth with a little water as soon as the first tooth appears. Parents and other caregivers may not realize first teeth are susceptible to decay as soon as teeth appear in the mouth. Supervise tooth brushing. Tooth decay in infants and toddlers is sometimes called early childhood caries, baby bottle tooth decay or nursing mouth syndrome. Use only a pea sized amount of fluoride toothpaste and avoid swallowing it. Children should be taught to spit out remaining toothpaste and rinse with water after brushing.

RESOURCES



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dental diary

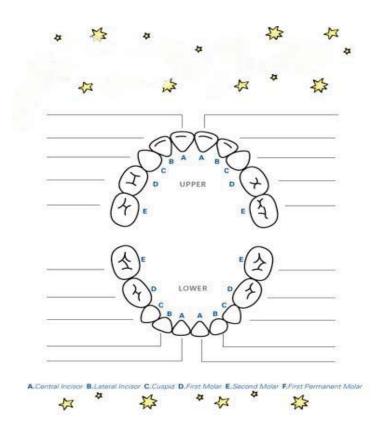
DAY/ DATE		REASON FOR	DOGOR REMARKS
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eruption chart

Upper Teeth	Primary Erupt	Permanent Erupt	
Central Incisor	8-12 months	7-8 years ———	
Lateral Incisor	9-13 months	8-9 years ———	٦ l
Canine (Cuspid)	16-22 months	11-12 years ———	
First Premolar		10-11 years ———	
Second Premolar		10-12 years ———	
First Molar	13-19months	6-7 years —	
Second Premolar	25-33 months	12-13 years —	MI
Third Molar		17-21 years —	
Lower Teeth	Primary Erupt	Permanent Erupt	N
Third Molar	22 21	17-21 years —	
Second Molar	23-31 months	11-13 years —	
First Molar	14-18 months	6-7 years —	1
		44.40	
Second Premolar		11-12 years —	
First Premolar		10-12 years ————————————————————————————————————	
	17-23 months		1
First Premolar	17-23 months 10-16 months	10-12 years ————————————————————————————————————	



tooth chart



Fill in and record the chart as your child's teeth begin to grow in. Add their age and the date to keep the memories for a lifetime.

dental diary

DATI DATE	REASON FOR VISIT	DOGOR REMARKS
	11 11 11	



